

Facial Diagnosis and Cosmetic Acupuncture

Your face is a window to your health. In Chinese medicine, different areas of the face correspond to different organs and acupuncture meridians. By looking at where distinguishing features such as; breakout clusters, wrinkles, blemishes and pigmentation are located, an experienced practitioner can diagnose skin patterns that are related to your systemic health.

Acupuncture needles can then be applied on or near these areas as well as on traditional acupuncture points to promote natural regeneration of the skin. An acupressure facial massage with organic rose hip oil follows. Rose hip oil greatly improves skin hydration and the massage will help to improve the blood circulation and lymph drainage of the face. Your diet and lifestyle will be assessed and recommendations will be given. Herbal medicines may also be used.

Conditions

Specific conditions that may respond to cosmetic acupuncture include:

- Acne and acne scarring
- Acne rosacea
- Hyper-pigmentation
- Large pores
- Fine wrinkles
- Dark eye circles

Protocol

It is recommended that you receive 12 weekly sessions for optimum results. After this time, depending on your age and lifestyle, monthly maintenance treatments should be all that is required.

An initial 90 minute consultation and treatment costs \$130. Ongoing 60 minute treatments cost \$80. Should you wish to purchase all 12 sessions up front you will pay \$1000 and receive free 100mls of organic rose hip oil and a dermal roller.

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